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Living a life that matters.

Shepherd's Center Groups and Gatherings

You are invited to join any of these groups, and please feel free to share this information if you know someone else who may benefit. There is no cost.

Parkinson Exercise Class – Class meets every Monday at 11 a.m., Trinity Community Church, 5010 Parallel

Parkinson Support Group – Individuals with Parkinson's disease and their caregivers are welcome to attend. New members welcome. Meets each 2nd Monday after Exercise Class at Trinity Community Church, 5010 Parallel, KCK. You may bring a brown-bag lunch. For further information, please contact the Shepherd's Center at 913-281-8908 or Diane Lee at 913-432-4321 or dianelee@att.net.

Prayer Shawl Ministries – Led by Joan Daniels and Betty Lloyd; meetings are held the second Wednesday of every month, 1:30 p.m. at Trinity Community Church, 5010 Parallel, KCK. Shawls are donated to Providence Hospital chaplains, who then distribute the shawls where they see the need. Prayer Shawls truly make a difference in the lives of those who receive one. Please call the Shepherd's Center for more information.

www.shepherdscenterkck.org

913-281-8908

757 Armstrong Ave., Kansas City, Ks 66101



An Affiliate of Shepherd's Centers of America

The Shepherd's Voice

March 2014

A monthly newsletter of the Shepherd's Center of Kansas City, KS

The Shepherd's Center of Kansas City, Kansas

20th Annual



Shepherd's Center of Kansas City, Kansas

Annual Used Book and Bric-a-brac sale benefitting the Shepherd's Center of Kansas City, Kansas
(an interfaith organization helping older adults in Kansas City, Kansas)

BARGAINS GALORE!!

8am to 5pm

Wednesday and Thursday

March 12 and 13

Conference Center at KCKCC

7250 State Ave., Kansas City, Kansas

Donations will be accepted at the conference center beginning at 8am on
Tuesday, March 11.

Call 913-281-8908 with questions or to schedule donation pick-up. Donations are
tax deductible.

Shepherd's Center Calendar of Events

**March 11, 12 and 13 –
20th Annual Book and Bric-A Brac
setup and sale at KCKCC
conference center**
**March 21 – Monthly Adventures in
Learning**
**March 24 – Adventures in Learning
program committee; 9:30am at
Grace Lutheran**
**March 24 – Shepherd's Center
board of directors meeting**



CLERGY AND LAY LEADER LUNCHEON PLANNED

**The Shepherd's Center of Kansas City,
Kansas will host a Clergy and Lay Leader
luncheon on Tuesday, April 22 at the West
Wyandotte Library, 1737 N. 82nd Street,
beginning at 11:30am. We cordially invite
clergy members from our partner churches,
along with up to two lay leaders to attend.
Our goal is to reconnect with our church
base, get to know one another, and bring
everyone up to date about what is going on at
the Shepherd's Center. We'll serve a nice
lunch and have some fun door prizes, too!
Please make a reservation for up to 3 people
from your church, by calling the office at 913-
281-8908.**

Adventures in Learning

*A free program of the Shepherd's Center held on the third
Friday of every month at Grace Lutheran Church, 3333
Wood Avenue, Kansas City, KS.*

Schedule for Friday, March 21, 2014

9:00-10:00 a.m.

Health Screenings & Fellowship

Blood sugar and blood pressure checks provided
by Delores Homes, LLC (no cost)

10:00-11:00 a.m.

Issues Forum Kansas City, Kansas Fire
Department; Chief John Paul Jones

Travelogue – Hungary presented by Ed Shutt

11:00 a.m.-noon

History – The Legacy of the Civil War,
presented by Ed Shutt

Words of Inspiration

Presenter to be announced

Noon - Lunch

\$4 or Bring Your Own

Menu: Tilapia, spinach, sweet potato, white whole
grain bread, oatmeal raisin cookies, milk

12:30 p.m. - Program

Presiding: Melissa Bynum

Invocation: Ken Nettling

Program: David Jones, Foutch Brothers, LLC

Revitalizing St. Margaret's – City View –

residences for 55+ adults, located at 759

Vermont, KCKS

***Make a reservation for lunch by calling the
Shepherd Center's office at 913-281-8908***

**Join us for Adventures in
Learning!
Everyone Welcome!**



From the Executive Director



“Thank you again for the nice storm door window for the front door. I really notice the difference on some of these windy, cold days.” – this was in a note from a grateful recipient of our minor home repair services.

“A day to learn new things, renew friendships and eat well – ingredients for a happy day.” - this was one of the remarks made on our February Adventures in Learning evaluation forms.

Last Sunday in church, our minister was preaching on “Discovering the Sacred in Everyday Activities,” and it made me think about all of our programs and activities at the Shepherd's Center. I really believe that is what we do here – find the sacred (and the satisfaction) in aging. The comments we receive come as blessings, and our hearts are filled with happiness that can come when serving others, and making friends along the way. When we invite you to join us, we sincerely mean it. I hope you will take a look at what we have going on, and decide to join us. I think you'll find hearts filled with happiness in service, and fellowship for all. As we wait for Spring, and the promise of the resurrection – be sure to find the sacred in your everyday living. - Melissa Bynum

From the Board Chair

It seems that winter has overstayed its welcome. I am ready to say goodbye to frigid temperatures, snow and ice. I am eager to throw open the windows, air out the house and do some spring cleaning. If you are feeling the same, now is the perfect opportunity to begin. Our annual Books and Bric-A-Brac sale is upon us.. If you are like me, you have things in the garage, basement and shed that can be donated to the sale. Drop off day is March 11th. Come out and find treasures you didn't know you needed at the sale on March 12th and 13th. We will be at the KCKCC Conference Center, near the duck pond.

Spring is also a great time to get involved in Adventures in Learning. Come enjoy the warmth of fellowship, coffee and a meal while learning about current local events, health issues, history and travels. Join us on Friday, March 21st at Grace Lutheran Church, 3333 Wood Avenue. Please consider becoming more involved. We are always in need of volunteers to assist in program planning, provide special music and entertainment or be a guest speaker. Helping hands are needed to pour coffee at Adventures in Learning and turn screw drivers or swing a hammer in our Minor Home Repair program. Your willingness to make some phone calls or visits with our Friends for Seniors program is a blessing to others. Everyone has gifts and talents to share, please share yours with us. The Shepherd's Center is dependent on our volunteers to reach and make a difference in the community. Volunteers who help in a multitude of small ways are our most treasured resource. As you are energized by the coming warmer weather and longer days, use that energy to spring into action as a Shepherd Center volunteer! - Sandy Scubelek, Board Chair

